The Community Speaker Series
presented by District 86 and District 181

Nationally Renowned Experts
Informing and Inspiring Families in the K-12 Community About Important Issues in Education, Wellness, and Parenting

2016-2017

Madeline Levine
Fostering Childhood & Teen Success
Without Compromising Mental Health or Losing the Joy of Learning

October 27, 2016, 9:30am - 11:00am
October 27, 2016, 7:00pm - 8:30pm
Location: The Community House

Madeline Levine, Ph.D. is a psychologist with close to 30 years of experience as a clinician, consultant, educator and author. She has had a large clinical practice with an emphasis on child and adolescent problems and parenting issues. Her New York Times bestsellers, The Price of Privilege and Teach Your Children Well, explore the reasons teenagers from affluent families are experiencing epidemic rates of emotional problems and tackle our current narrow definition of success in education. Dr. Levine is highly sought after as a lecturer and keynote speaker for parents, educators and business leaders both nationally and internationally.

Kristen Race
Mindful Parenting
Simple and Powerful Mindfulness Solutions for Raising Creative, Happy Kids in Today’s Hectic World

February 7, 2017, 7:00pm - 8:30pm
February 8, 2017, 9:30am -11:00am
Location: The Community House

Dr. Kristen Race fuses the science of the brain with simple mindfulness strategies for adults and children, all designed to create habits that counter stress and lead to resilience. Her work has been featured in The New York Times, NPR, The Washington Post, CNN, Chicago Tribune, Parenting Magazine and Real Simple. She is a regular blogger for The Huffington Post and Psychology Today and is a TEDx speaker. Through her company, Mindful Life, Kristen has created brain-based mindfulness programs and given talks to parents, educators, psychologists and executives all over the globe.

Documentary Film with Filmmaker Delaney Ruston
Screenagers
Growing up in the Digital Age

May 2, 2017, 7:00pm - 9:00pm
May 3, 2017 9:30am - 11:30am
Location: The Community House

Dr. Delaney Ruston is a filmmaker, Stanford-trained doctor and mother of two. Along with Screenagers, her award-winning feature documentaries include Unlisted: A Story of Schizophrenia (PBS), about her father, and Hidden Pictures (PBS), about global mental health. Delaney has been invited to speak and screen these and other films to hundreds of audiences in diverse settings around the world—such as at primary schools, conferences, medical centers, universities, the United Nations, the TEDx stage in Seattle and the World Health Organization. For her work in using film in launching advocacy movements, Delaney has won several awards. She has provided primary care in underserved clinics for over a decade.

For more information or to register for a program, visit www.d181foundation.org