

The Community Speaker Series

presented by District 86 and District 181

*Nationally and Internationally Renowned Experts
Discussing Important Issues in Education*

Serving these schools

HTHS District 86

Hinsdale Central
Hinsdale South

Butler District 53

Butler Junior High
Brook Forest Elementary

Cass District 63

Cass Junior High
Concord Elementary

CCSD 180

Burr Ridge Middle
Anne M. Jeans Elementary

CCSD 181

Clarendon Hills Middle
Hinsdale Middle
Elm Elementary
Madison Elementary
Monroe Elementary
Oak Elementary
Prospect Elementary
The Lane Elementary
Walker Elementary

Darien District 61

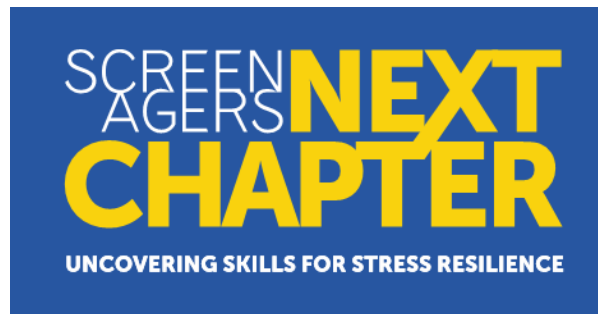
Eisenhower Junior High
Lace Elementary
Mark Delay Elementary

Gower District 62

Gower Middle
Gower West Elementary

Maercker District 60

Westview Hills Middle
Holmes Primary
Maercker Intermediate



A Documentary Film and Discussion with Filmmaker Dr. Delaney Ruston

Filmmaker and physician Dr. Delaney Ruston takes the conversation around screens and teens to the next level with **Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience.**

This film, which includes interviews with District 86 students, examines the science behind teens' emotional challenges, the interplay of social media, and most importantly, what can be done in our schools and homes to help them build crucial skills to navigate stress, anxiety, and depression in our digital age.



Schedule

Wednesday, February 5, 2020

9:30am - 11:30am
and
7:00pm - 9:00pm

The Community House
415 W. Eighth St., Hinsdale

*The presentations are free
and open to all.*

**Children are welcome to
attend the screening.**

**The recommended age is
6th grade and older.**

Film run time is 69 minutes.

Space is limited.

To reserve your space,
please visit
www.d181foundation.org.



*Informing and Inspiring Families in the K-12 Community about Issues in
Education, Child Development, Wellness, and Parenting*